

## CURRICULAM VITA



**SANJIT MANDAL**

### **PERSONAL INFORMATION**

NAME : SANJIT MANDAL  
FATHER'S NAME : BHADRESWAR MANDAL  
ADDRESS : VILL: SRIRAMPUR  
P.O: TARAGUNIA  
DIST: NORTH 24 PARGANAS, WEST BENGAL  
PIN : 743401  
MOBILE NO : 9883180847/ 9123092980  
EMAIL : sanjitm224@gmail.com  
DATE OF BIRTH : 21-01-1986  
BLOOD GROUP : B+  
SEX : MALE  
MARITAL STATUS : MARRIED  
NATIONALITY : INDIAN  
RELIGION : HINDU  
COMMUNICATION LANGUAGES KNOWN : BENGALI; HINDI; ENGLISH

### **EDUCATIONAL INFORMATION**

#### SECONDARY & HIGHER SECONDARY LEVEL

Examination Passed	Institution	Board/ Council	Year of Passing	% Acquired
Secondary	RAGHUNATHPUR HIGH SCHOOL(H.S)	W.B.B.S.E	2002	57.25
Higher Secondary	RAGHUNATHPUR HIGH SCHOOL(H.S)	W.B.C.H.S.E	2004	46.03

#### GRADUATE LEVEL

Examination Passed	Institution	University	Year of Passing	% Acquired
B.A(H)PHILOSOPHY	RABINDRA BHARATI UNIVERSITY	RABINDRA BHARATI UNIVERSITY	2008	45.38

**PROFESSIONAL TRAINING COURSE & DEGREE AWARDED**

<u>Exam Pass</u>	<u>Exam Board</u>	<u>Years Of pass</u>	<u>Subject</u>	<u>Total Marks</u>	<u>Marks Obtain</u>	<u>%</u>	<u>Division</u>
<b>B.P.Ed</b>	<u>JADAVPUR UNIVERSITY</u>	<u>2010</u>	<u>Phy.Edu</u>	1400	880	62.86	I
<b>M.P.Ed</b>	<u>VISVA BHARATI UNIVERSITY</u>	<u>2012</u>	<u>Phy.Edu</u>	1200	755	62.91	I
<b>DIPLOMA IN YOGA</b>	<u>ANNAMALAI UNIVERSITY</u>	<u>2017</u>	<u>YOGA</u>	400	237	59.25	II
<b>PhD</b>	<u>JADAVPUR UNIVERSITY</u>	<u>2023</u>	<u>Phy.Edu</u>				

**SPORTS ACHIEVEMENT**

**SCHOOL LEVEL**

<b>Specialization</b>	<b>Year</b>	<b>Achievement</b>	<b>PLACE</b>
FOOTBALL	2003	NORTH 24 PARGANAG DISTRICT (MEN)	KOLKATA SAI
	2003	SCHOOL TURANMENTSUBROTO CUP(MEN)	KOLKATA SAI
	2004	SCHOOL TURANMENTSUBROTO CUP(MEN)	KOLKATA SAI
<b>CLUB LEVEL</b>			
FOOTBALL	2005	2 <sup>nd</sup> DIVITION SONALI SIBIR	KOLKATA
	2006	2 <sup>nd</sup> DIVITION SONALI SIBIR	KOLKATA
<b>UNIVERSITY LEVEL</b>			
FOOTBALL	2007	EAST ZONE INTER –UNIVERSITY FOOTBALL(MEN) 2006-07	B.I.T MESRA,RANCHI
	2008	EAST ZONE INTER –UNIVERSITY FOOTBALL(MEN) 2007-08	B.R.A.BIHAR UNIVERSITY,MUZAFARPUR
	2009	EAST ZONE INTER –UNIVERSITY FOOTBALL(MEN) 2008-09	TRIPURA UNIVERSITY
	2010	EAST ZONE INTER –UNIVERSITY FOOTBALL(MEN) 2009-10	KALAYANI UNIVERSITY
	2011	EAST ZONE INTER –UNIVERSITY FOOTBALL(MEN) 2010-11	B.I.T MESRA,RANCHI
	2012	EAST ZONE INTER –UNIVERSITY FOOTBALL(MEN) 2011-12	SAMBALPUR ,ORISSA

**OTHERS QUALIFICATION**

<b>COURSE NAME</b>	<b>CENTER</b>	<b>YEAR</b>
N.S.S	RABINDRA BHARATI UNIVERSITY	2006
AIFF GRASSROOTS LEADERS COURSE	GANGADHARPUR B.Ed COLLEGE, HOWARA	2015
AIFFA”D”COCACHING CERTIFECATE COURSE	GANGADHARPUR B.Ed COLLEGE, HOWARA	2015
AFC”C”COACHING CERTIFICATE COURSE PARTICIPET	KALLAYANI STADIUM	2016

Six-Month Certificate Course on “**Capacity Building & Professional Development on Inclusive Education**” March-September-2019 from the Centre for Disability Studies and Educational Research under the NSOU, Kolkata.

**COACHING EXPERIENCE:**

<b>2012-15</b>	ACHARYA PRAFULLA CHANDRA COLLEGE FOOTBALL TEAM (BOYS)
<b>2015-2017</b>	JADAVPUR UNIVERSITY FOOTBALL TEAM (BOYS)
<b>2019-CONTINUE</b>	NETAJI MAHAVIDYALAYA COLLEGE FOOTBALL TEAM (BOYS & GIRLS)

**TEACHING EXPERIENCE:**

**GUEST LECTURER IN PHYSICAL EDUCATION AT ACHARYA PRAFULLA CHANDRA COLLEGE (2012-2016)**

**FULL TIME RESEARCH SCHOLAR OF DEPT. OF PHYSICAL EDUCATION, JADAVPUR UNIVERSITY SINCE 29.7.2015 TO 31.7.2019 TAKEN ALLOTTED PHYSICAL EDUCATION CLASSES AS PER UNIVERSITY RULES**

**FULL TIME LECTURER IN PHYSICAL EDUCATION AT NETAJI MAHAVIDYALAYA, ARAMBAGH, WEST BENGAL (SINCE 8<sup>TH</sup> AUGUST 2019 TO TILL NOW AS HOD)**

**PUBLICATIONS:**

<b>Sl. No.</b>	<b>Title of the Article</b>	<b>Author</b>	<b>Co-Author</b>	<b>Name of the Journal Vol. No. &amp; Page No.</b>
1.	Comparative Study of Selected Physical Fitness Components among three levels of District Soccer Players	<b>Sanjit Mandal</b>	<b>Dr. Gopal Chandra Saha &amp; Bidya Roy</b>	Scientific Culture in Physical Education and Sports, February-March,2016, pp-1532-1535, ISBN:No:978-93-85446-45-0
2.	Factor Affecting Grassroot and Youth football development in India	<b>Sanjit Mandal</b>	<b>Dr. Gopal Chandra Saha</b>	International Congress on global innovation and Research in Education sports Science and Yoga,Volume:1,December,17,pp-391-400,ISBN:978-93-87072-17-6
3.	Assessment of relationship between turnk muscle endurance with static and dynamic balance in female college students	<b>Sanjit Mandal</b>	<b>Dr. Gopal Chandra Saha &amp; Bidya Roy</b>	International Journal of Physical Education, Sports and Health, Volume:4, Issue:3, May-June,2017, pp-382-384, ISSN: 2394-1685
4.	A comparative study on agility and strength between basketball and netball male players	<b>Sanjit Mandal</b>	<b>Shubankar Roy</b>	International Journal of Physical Education, Sports andHealth,Volume:4,Issue:3, May-Jun,2017, pp-361-362 ISSN:No-2394-1685
5.	Effect of strong by Zumba on waist hip ratio of middle aged sedentary females	<b>Bidya Roy</b>	<b>Sanjit Mandal</b>	International Journal of Physical Education, Sports and Health, Volume:4, Issue:3, May-June,2017, pp-379-381, ISSN: 2394-1685
6.	Comparative study of Speed and Agility between University level Cricket and Football players	<b>Sanjit Mandal</b>	<b>Dr. Gopal Chandra Saha</b>	International Journal of Physiology Nutrition and Physical Education,2017,ISSN:2456-0057
7.	Coordinative abilities of Soccer Players: A Comparative Study	<b>Sanjit Mandal</b>	<b>Dr.Gopal Chandra Saha &amp; Dr.Monoj Kumar Murmu</b>	Asian Journal of Medicine and Health,19(10): 16-23, 2021; ISSN: 2456-8414
8.	Reaction time of Rural and Urban Female Soccer players in West Bengal: A Comparative Study	<b>Sanjit Mandal</b>	<b>Dr.Gopal Chandra Saha &amp; Dr.Monoj Kumar Murmu</b>	International Education and Research Jurnal,Volume:9,Issue:9,September-2023,ISSN:NO:2454-9916

<b>WORKSHOP PARTICIPATION</b>			
<b>Sl. No.</b>	<b>Title of the Topic</b>	<b>Name of the Organised Institution</b>	<b>Date &amp; Year</b>
1.	Research Methodology Course in Social Sciences for PhD Students	Department of Management, North-Eastern Hill University Tura Campus, Meghalaya	24 <sup>th</sup> May-June 2, 2016
2.	Society, Literature & Antonio Gramsci	Swami Vivekananda Research Centre Ramakrishna Mission Vidyamandira	15 to 22 February 2017
3.	155 <sup>th</sup> Birth Anniversary of Swami Vivekananda	Govt. Physical Education College for Women, Hooghly	January 12 <sup>th</sup> to 17 <sup>th</sup> , 2018
4	Research Methodology and Statistical Analysis	Lakshmibai National Institute of Physical Education North East Regional Centre, Guwahati, Assam	22 <sup>nd</sup> to 28 <sup>th</sup> March, 2018
5	Development of Cricket in Educational Institutions	Visva-Bharati and the Cricket Association of Bengal	27 <sup>th</sup> to 28 <sup>th</sup> June, 2016

<b>Sl. No.</b>	<b>OTHER PARTICIPATION</b>
1	Act As ' <b>Volunteer</b> ' in the <b>North-East Zone Inter-University Kabaddi (Women) Tournament, 2005-06</b> held at Rabindra Bharati University , Kolkata, West Bengal from 2 <sup>nd</sup> December to 6 <sup>th</sup> December 2005.
2	Act as ' <b>Team Official</b> ' of the Jadavpur University Athletics (Men) Team Participation in the <b>Reliance National Athletics Championship 2017</b> held from 23-24 January, 2018 at SAI Complex, Mumbai Organized by Reliance Foundation Youth Sports ( <b>RFYS</b> ).
3	As a ' <b>Speaker</b> ' on <b>Physical Fitness of Women</b> , held on 18.9.2014 at the Special Camping Program of <b>NSS-Unit-1</b> Acharya Prafulla Chandra College in Pranab Kanya Bhaban , Madhyamgram Saheb Bagan.
4	As a ' <b>Speaker</b> ' <b>Mental and Physical health of Youth</b> , held on 8.8.2014 at the Special Camping Program of <b>NSS-Unit-III</b> Acharya Prafulla Chandra College in Ward No-11, New Barrack pur Municipality.

<b>Knowledgeable Game - BASKET BALL, VOLLEYBALL, HAND BALL,</b>
<b>HOBBIES: READING BOOK,( STORY) WATCHING SPORTS AND NEWS PROGRAMME,MUSIC,TOUR</b>
<i>I hereby declare that the information provided here is true to the best of my knowledge.</i>
<b>Date: 05/05/2024</b>
<b>Signature</b>
<i>Sanjit Mandal.</i>
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