

CURRICULAM VITA



SANJIT MANDAL

PERSONAL INFORMATION

NAME : SANJIT MANDAL
FATHER'S NAME : BHADRESWAR MANDAL
ADDRESS : VILL: SRIRAMPUR
P.O: TARAGUNIA
DIST: NORTH 24 PARGANAS, WEST BENGAL
PIN : 743401
MOBILE NO : 9883180847/ 9123092980
EMAIL : sanjitm224@gmail.com
DATE OF BIRTH : 21-01-1986
BLOOD GROUP : B+
SEX : MALE
MARITAL STATUS : MARRIED
NATIONALITY : INDIAN
RELIGION : HINDU
COMMUNICATION LANGUAGES KNOWN : BENGALI; HINDI; ENGLISH

EDUCATIONAL INFORMATION

SECONDARY & HIGHER SECONDARY LEVEL

Examination Passed	Institution	Board/ Council	Year of Passing	% Acquired
Secondary	RAGHUNATHPUR HIGH SCHOOL(H.S)	W.B.B.S.E	2002	57.25
Higher Secondary	RAGHUNATHPUR HIGH SCHOOL(H.S)	W.B.C.H.S.E	2004	46.03

GRADUATE LEVEL

Examination Passed	Institution	University	Year of Passing	% Acquired
B.A(H) PHILOSOPHY	RABINDRA BHARATI UNIVERSITY	RABINDRA BHARATI UNIVERSITY	2008	45.38

PROFETIONAL TRAINING COURSE & DEGREE AWARDED

<u>Exam Pass</u>	<u>Exam Board</u>	<u>Years Of pass</u>	<u>Subject</u>	<u>Total Marks</u>	<u>Marks Obtain</u>	<u>%</u>	<u>Division</u>
B.P.Ed	<u>JADAVPUR UNIVERSITY</u>	<u>2010</u>	<u>Phy.Edu</u>	1400	880	62.86	I
M.P.Ed	<u>VISVA BHARATI UNIVERSITY</u>	<u>2012</u>	<u>Phy.Edu</u>	1200	755	62.91	I
DIPLOMA IN YOGA	<u>ANNAMALAI UNIVERSITY</u>	<u>2017</u>	<u>YOGA</u>	400	237	59.25	II
PhD	<u>JADAVPUR UNIVERSITY</u>	<u>2023</u>	<u>Phy.Edu</u>				

SPORTS ACHIEVEMENT

SCHOOL LEVEL

Specialization	Year	Achievement	PLACE
FOOTBALL	2003	NORTH 24 PARGANAG DISTRICT (MEN)	KOLKATA SAI
	2003	SCHOOL TURANMENTSUBROTO CUP(MEN)	KOLKATA SAI
	2004	SCHOOL TURANMENTSUBROTO CUP(MEN)	KOLKATA SAI
		CLUB LEVEL	
FOOTBALL	2005	2 ND DIVITION SONALI SIBIR	KOLKATA
	2006	2 ND DIVITION SONALI SIBIR	KOLKATA
		UNIVERSITY LEVEL	
FOOTBALL	2007	EAST ZONE INTER –UNIVERSITY FOOTBALL(MEN) 2006-07	B.I.T MESRA,RANCHI
	2008	EAST ZONE INTER –UNIVERSITY FOOTBALL(MEN) 2007-08	B.R.A.BIHAR UNIVERSITY,MUZAFARPUR
	2009	EAST ZONE INTER –UNIVERSITY FOOTBALL(MEN) 2008-09	TRIPURA UNIVERSITY
	2010	EAST ZONE INTER –UNIVERSITY FOOTBALL(MEN) 2009-10	KALAYANI UNIVERSITY
	2011	EAST ZONE INTER –UNIVERSITY FOOTBALL(MEN) 2010-11	B.I.T MESRA,RANCHI
	2012	EAST ZONE INTER –UNIVERSITY FOOTBALL(MEN) 2011-12	SAMBALPUR ,ORISSA

OTHERS QUALIFICATION

COURSE NAME	CENTER	YEAR
N.S.S	RABINDRA BHARATI UNIVERSITY	2006
AIFF GRASSROOTS LEADERS COURSE	GANGADHARPUR B.Ed COLLEGE, HOWARA	2015
AIFFA”D”COCACHING CERTIFECATE COURSE	GANGADHARPUR B.Ed COLLEGE, HOWARA	2015
AFC”C”COACHING CERTIFICATE COURSE PARTICIPET	KALLAYANI STADIUM	2016

Six-Month Certificate Course on “**Capacity Building & Professional Development on Inclusive Education**” March-September-2019 from the Centre for Disability Studies and Educational Research under the NSOU, Kolkata.

COACHING EXPERIENCE:

2012-15	ACHARYA PRAFULLA CHANDRA COLLEGE FOOTBALL TEAM (BOYS)
2015-2017	JADAVPUR UNIVERSITY FOOTBALL TEAM (BOYS)
2019-CONTINUE	NETAJI MAHAVIDYALAYA COLLEGE FOOTBALL TEAM (BOYS & GIRLS)

TEACHING EXPERIENCE:

GUEST LECTURER IN PHYSICAL EDUCATION AT ACHARYA PRAFULLA CHANDRA COLLEGE (2012-2016)

FULL TIME RESEARCH SCHOLAR OF DEPT. OF PHYSICAL EDUCATION, JADAVPUR UNIVERSITY SINCE 29.7.2015 TO 31.7.2019 TAKEN ALLOTTED PHYSICAL EDUCATION CLASSES AS PER UNIVERSITY RULES

FULL TIME LECTURER IN PHYSICAL EDUCATION AT NETAJI MAHAVIDYALAYA, ARAMBAGH, WEST BENGAL (SINCE 8TH AUGUST 2019 TO TILL NOW AS HOD)

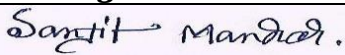
PUBLICATIONS:

Sl. No.	Title of the Article	Author	Co-Author	Name of the Journal Vol. No. & Page No.
1.	Comparative Study of Selected Physical Fitness Components among three levels of District Soccer Players	Sanjit Mandal	Dr. Gopal Chandra Saha & Bidya Roy	Scientific Culture in Physical Education and Sports, February-March,2016, pp-1532-1535, ISBN:No:978-93-85446-45-0
2.	Factor Affecting Grassroot and Youth football development in India	Sanjit Mandal	Dr. Gopal Chandra Saha	International Congress on global innovation and Research in Education sports Science and Yoga,Volume:1,December,17,pp-391-400,ISBN:978-93-87072-17-6
3.	Assessment of relationship between turnk muscle endurance with static and dynamic balance in female college students	Sanjit Mandal	Dr. Gopal Chandra Saha & Bidya Roy	International Journal of Physical Education, Sports and Health, Volume:4, Issue:3, May-June,2017, pp-382-384, ISSN: 2394-1685
4.	A comparative study on agility and strength between basketball and netball male players	Sanjit Mandal	Shubankar Roy	International Journal of Physical Education, Sports and Health,Volume:4,Issue:3, May-Jun,2017, pp-361-362 ISSN:No-2394-1685
5.	Effect of strong by Zumba on waist hip ratio of middle aged sedentary females	Bidya Roy	Sanjit Mandal	International Journal of Physical Education, Sports and Health, Volume:4, Issue:3, May-June,2017, pp-379-381, ISSN: 2394-1685
6.	Comparative study of Speed and Agility between University level Cricket and Football players	Sanjit Mandal	Dr. Gopal Chandra Saha	International Journal of Physiology Nutrition and Physical Education,2017,ISSN:2456-0057
7.	Coordinative abilities of Soccer Players: A Comparative Study	Sanjit Mandal	Dr.Gopal Chandra Saha & Dr.Monoj Kumar Murmu	Asian Journal of Medicine and Health,19(10): 16-23, 2021; ISSN: 2456-8414
8.	Reaction time of Rural and Urban Female Soccer players in West Bengal: A Comparative Study	Sanjit Mandal	Dr.Gopal Chandra Saha & Dr.Monoj Kumar Murmu	International Education and Research Jurnal,Volume:9,Issue:9,September-2023,ISSN:NO:2454-9916

WORKSHOP PARTICIPATION			
Sl. No.	Title of the Topic	Name of the Organised Institution	Date & Year
1.	Research Methodology Course in Social Sciences for PhD Students	Department of Management,North-Eastern Hill University Tura Campus, Meghalaya	24 th May-June 2, 2016
2.	Society, Literature & Antonio Gramsci	Swami Vivekananda Research Centre Ramakrishna Mission Vidyamandira	15 to 22 February 2017
3.	155 th Birth Anniversary of Swami Vivekananda	Govt. Physical Education College for Women, Hooghly	January 12 th to 17 th , 2018
4	Research Methodology and Statistical Analysis	Lakshmibai National Institute of Physical Education North East Regional Centre, Guwahati, Assam	22 nd to 28 th March, 2018
5	Development of Cricket in Educational Institutions	Visva-Bharati and the Cricket Association of Bengal	27 th to 28 th June, 2016
6	Contemporary issues on Women's Health, Nutrition, Fitness and Cricket	Department of Physical Education, Raja Birendra Chandra College	23 rd to 29 th June, 2020

Sl.No	OTHER PARTICIPATION
1	Act As ' Volunteer ' in the North-East Zone Inter-University Kabaddi (Women) Tournament, 2005-06 held at Rabindra Bharati University , Kolkata, West Bengal from 2 nd December to 6 th December 2005.
2	Act as ' Team Official ' of the Jadavpur University Athletics (Men) Team Participation in the Reliance National Athletics Championship 2017 held from 23-24 January, 2018 at SAI Complex, Mumbai Organized by Reliance Foundation Youth Sports (RFYS).
3	As a ' Speaker ' on Physical Fitness of Women , held on 18.9.2014 at the Special Camping Program of NSS-Unit-1 Acharya Prafulla Chandra College in Pranab Kanya Bhaban , Madhyamgram Saheb Bagan.
4	As a ' Speaker ' Mental and Physical health of Youth , held on 8.8.2014 at the Special Camping Program of NSS-Unit-III Acharya Prafulla Chandra College in Ward No-11,New Barrack pur Municipality.

LIST OF OP/RC/STC/FIP/FDP ATTENDED				
Sl.No	NAME OF THE FACULTY	YEAR	OP/RC/STC/FIP/FDP	ORGANIZATION
1	SANJIT MANDAL	2020	OP	DELHI UNIVERSITY
2	SANJIT MANDAL	2022	RC	CULCUTTA UNIVERSITY
3	SANJIT MANDAL	2022	STC	JADAVPUR UNIVERSITY

Knowledgeable Game - BASKET BALL, VOLLEYBALL, HAND BALL,
HOBBIES: READING BOOK,(STORY) WATCHING SPORTS AND NEWS PROGRAMME,MUSIC,TOUR
<i>I hereby declare that the information provided here is true to the best of my knowledge.</i>
Date: 05/05/2024
Signature

SANJIT MANDAL